

IPF SUB-JUNIOR AND JUNIOR CHAMPIONSHIPS 2008

in Potchefstroom / South Africa

Sanctioned by the International Powerlifting Federation
and
the South African Powerlifting Federation

invites the IPF member nations to participate in the

8th Sub-Juniors and the 26th Juniors World Men's & Women's Powerlifting Championships 2008

Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.

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Technical Secretary: Vicky Botha +27 82 447 3848 – Fax: +27865243879 hannie@lagayim.co.za

General Secretary: Gail Mc Kenzie – Kerr – +27 82 772 5258 – cgmksadmin@54.co.za

Operations Director: Isabel Kruger – 27 83 292 1604 – isabelkruger@absamail.co.za

IPF Championship Secretary: Gaston Parage, 1, rue Pasteur, L-4642 Differdange, Luxembourg
Mobilphone: +352-621165214, Fax: +352-582696, E-Mail: gparage@vo.lu

Host City : Potchefstroom

Date: 31. August. - 06. September 2008

Venue: North West University Sports Hall – Beyers Naude Road – Potchefstroom – South Africa

Technical Meeting: Sunday, 31. August 2008, 20:00 hours at the **Elgro Hotel: Drostdy Hall Conference Room – No 60 Walmarans Street - Potchefstroom**

Hotel: Hotel Elgro Hotel Or Willows Garden Hotel

: Single Room 70 Euros per night including breakfast

: Double Room 50 Euros per person/night including breakfast – double bed

: Double Room (2 Beds) 50 Euros per person/night including breakfast

: Double Room (2 Double beds – can bed up to 4 persons) 50 Euros per person/night including breakfast

: Transportation from the Hotels to the venue will be provided at no cost

For room booking please contact: **Hannie Smith +27825663433 Fax: +27865243879 – hannie@lagayim.co.za**

At all World Championships the accomodation fees shall be payable by bank transfer or credit card as follows (Exceptions may be granted by the IPF EC):

1) By bank transfer as specified by the organizer in the invitation for each >World Event; payment must be received at the account of the organizer 7 days prior the beginning of the Championships

2) By credit card

3) in cash in ZAR or in €uros according to the actual exchange currency rate

All bank charges go at the expense of order party. If you choose the payment by bank transfer or by credit card, you must inform the organizer in advance.

4) Please note that foreign currency can be changed into Rands at the airport – no Travellers cheques will be accepted by the SA Powerlifting Federation

Bank Details:

Name of Account : SA Powerlifting Federation
Bank : ABSA Bank
Swift Code : ABSAZAJJ
Branch : Southgate – South Africa
Branch Code : 632 – 405
Current Account No : 4042438158

The organizer will not be responsible for any hotel bills of the participating Nations, Each Team manager will be responsible. **All the rooms must be booked at latest with the dateline of the final nomination – 10.August 2008. After the dateline the organizer cannot guarantee for accomodations.**

Arrivals/Transportation: Transport from Johannesburg airport to hotels in Potchefstroom and return trip - Euros 50

Please send therefore your detailed travel itinerary to Meet Director so that the transfer can be provided.

In case you change your travel itinerary, do not inform Meet Director about this change so that the car will not be sent in vain for you, you will have to pay the costs.

Scales: Scales available at hotel and venue

Training: At Venue

Flag and anthem: Each nation must bring its flag and anthem to the Technical Meeting.

Photos: Identification is necessary for security reasons; each nation must send one photo for each lifter, coach and official. A maximum of three coaches will be allowed into the venue free of charge. Photos must be sent together with the final nominations. If possible, send a digital version by mail.

Closing Banquet: **Saturday, 6. September 2008**
At: The Banquet Hall – Mooi River Ave – Potchefstroom
Price: 25 Euros
From 7.00 PM – Please note: Attire is formal **NO Denims / T-shirts**
/ Casual dress
Transport will be provided free form the hotels and return trip

Entry Fee: 15 EUR for each lifter declared must be paid by wire transfer to the IPF account.

Anti-Doping Fee: 50 EUR for each lifter declared must be paid by wire transfer to the IPF account.

Opening Ceremony: **1 September 2008, At the Venue 8.00 hours**

Health and Travel Insurance: All delegate members must have a valid health insurance. The organiser and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of lugagge, theft, delayed planes etc.

Nominations: Team nomination forms must be in the hands of the Meet Director and IPF Championship Secretary not later than: **10 August 2008**

Preliminary: 2. July 2008 **(preliminary form must be sent. No final nomination can be accepted if the preliminary was not sent)**

Final: 10. August 2008 (Later entries will not be accepted)

All Hotel costs must be covered by all nominated lifters and officials if we have received no information about a cancellation 7 days prior to the championships, and the same applies for the participation and anti-doping fees (IPF-By-Laws 105.5.2).

New rules:

- 1) **Preliminary nomination must be sent not later than 60 days before the date of the Championships. Final nomination must be submitted not later than 21 days before the date of the Championships, and it includes only names from the preliminary nomination (i.e. only lifters from the preliminary nomination can be replaced by a substitute. No new nomination will be accepted).**
- 2) **According Technical Rules Page 4 item 7 at the final nomination you must definite list the athletes, who takes part. At the Technical meeting you can only delete athletes from your final nomination or change the weight classes. Replacing of athletes through reserve lifters at the Technical meeting is not possible.**

All lifters are expected to produce passports or other documents at the weigh-in.

Correspondence: E-Mails or fax messages (E-Mails are preferred) regarding the championships must be sent to the Meet Director; and a copy to the IPF Championship Secretary Gaston Parage.

Provisional Timetable

Day	Weigh in time	Classes	Start
Mon 1.9.2008		Opening ceremony	8.00 hours
	0800-0930 hours	Women 44.0 & 48.0 kg	1000 hours
	1230-1400 hours	Men 52.0 & 56.0 kg	1430 hours
	1830-2000 hours	Women 52.0 kg	2030 hours
Tue 2.9.2008	0800-0930 hours	Men 60.0 kg	1000 hours
	1200-1330 hours	Women 56.0 kg	1400 hours
	1500-1630 hours	Sub-J Men 67.5 kg	1700 hours
	1830-2000 hours	Women 60.0 kg	2030 hours
Wed 3.9.2008	0800-0930 hours	Junior Men 67.5 kg	1000 hours
	1100-1230 hours	Women 67.5 kg	1300 hours
	1330-1500 hours	Men 75.0 kg	1530 hours
	1900-2030 hours	Women 75.0 kg	2100 hours
Thu 4.9.2008	0800-0930 hours	Sub-J Men 82.5 kg	1000 hours
	1130-1300 hours	Women 82.5 kg	1330 hours
	1400-1530 hours	Junior Men 82.5 kg	1600 hours
	1700-1830 hours	Junior Men 90.0 kg	1900 hours
Fri 5.9.2008	0800-0930 hours	Women 90 & 90+ kg	1000 hours
	1030-1200 hours	Sub-J Men 90.0 kg & 100.0 kg	1230 hours
	1400-1530 hours	Junior Men 100.0 kg	1600 hours
Sat 6.9.2008	0800-0930 hours	Men 110 kg	1000 hours
	1100-1230 hours	Men 125.0 & 125+ kg	1300 hours
		Closing Banquet	19.00 hours

Victory Ceremonies: At the end of each competition part.

Important Note: Changes may occur to the timetable. All changes will take place at the technical meeting.

Detlev Albrings
IPF President

Hannie Smith
Meet Director

Gaston Parage
Championship Secretary